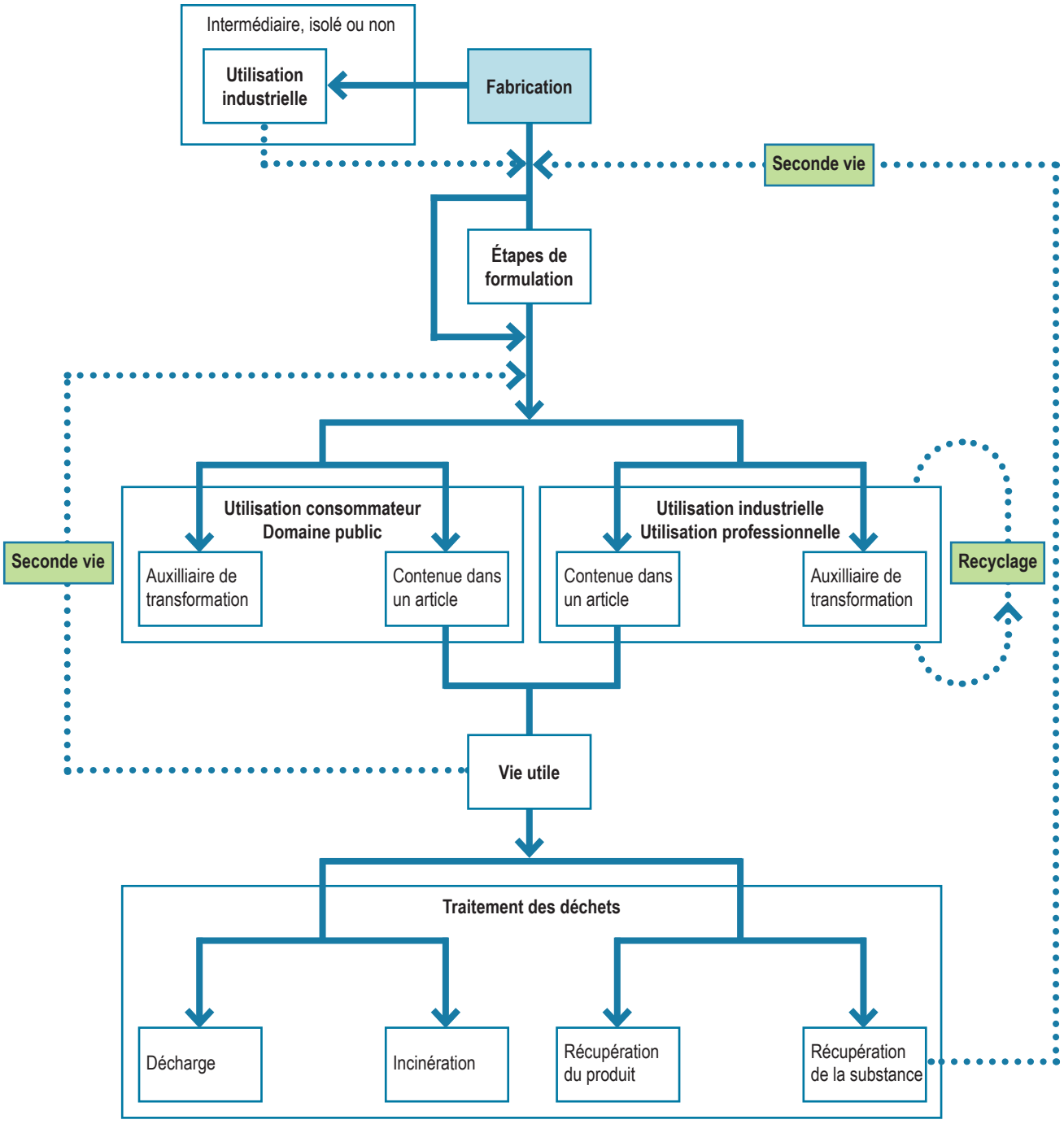Étapes de cycle de vie d'une substance